

Have you heard of Plan First?

People of all ages and all genders can get coverage for birth control, STI testing and treatment, preconception care, and other preventative services with no out-of-pocket cost with Plan First!



Here's what you can get for free:

- Annual check-up, if related to family planning.
- All FDA-approved birth control methods, including emergency contraception, IUD, implant, pills, condoms, patch, ring, Depo-Provera, tubal ligation and vasectomy
- Cervical cancer screening (pap smears) and treatment for abnormal paps
- STI testing/treatment, include PrEP/PEP for HIV prevention
- Vaccines such as HPV, Hepatitis, Flu, & Covid



You may qualify if:

- You're a resident of Michigan – all ages, any gender.
- Your household income, before taxes, is less $\leq$ 195% FPL:
 - \$2,594/month for a family of 1
 - \$3,517/month for a family of 2
 - \$4,440/month for a family of 3
 - \$5,363/month for a family of 4
- You're a U.S. citizen or have a qualifying immigration status.
- You're not covered under another Medicaid benefit.



How do I get Plan First coverage?

- You may already have this coverage if you recently applied for Michigan Medicaid/Healthy Michigan Plan and were not approved.
- You can apply for Plan First and other healthcare coverage at www.michigan.gov/mibridges or contact your local MDHHS office.

Apply here!

